

August 8, 2021
Nineteenth Sunday in Ordinary Time

1 Kings 19:4-8

Psalm 34

Ephesians 4: 30-5:2

John 6: 41-51

Take and Eat the Bread of Life

How exhausted, how low might you feel? Or when has such been so? What down moment might come in the future? Let God feed you.

At any time in life dark days may ensue when challenges come. People may assault you; mother nature may rain down trouble. You want to quit, give up, even end your life. Yes, the absence of light can be overwhelming.

Our prophet of the day in the first Book of Kings, Elijah, is in such a dark place. As he lived up to God's word to do God's work the assault of the earthly authorities mounted great pressure on him. He ran far from where his nemesis could harm him. Yet, the running away itself was harmful. Elijah's run into the desert was itself a wish for death. But the Lord fed him and did not give him more grief.

The prophet awoke from his sleep, and he found a hearth cake and jug of water. Twice the angel of God forced him to eat and drink. Strengthened by God's food Elijah made his way to the mountain of God, Horeb also known as Sinai. There God spoke further to him, and he was renewed in his commitment to serve God.

So interesting is today's gospel passage. Again, this week it is a part of the Bread of Life discourse. Like the story of Elijah Jesus is challenged and ridiculed by people of this world. Unlike Elijah's story Jesus is divine. Jesus is the second person in the Trinity as such Jesus is directly one with the Father. Also, the Holy Spirit proceeds from both the Father and the Son. Thus, the Father sends us to Jesus who in turn points us to the Father. The Son Jesus is the bread comedown from heaven.

While on earth Jesus surely fed people. He fed multitudes of people food to give them energy to continue their journey on Earth. His signs of healing pointed to the eternal life in heaven. He wanted us to know this! He more than fed us physical food but eternal food, Bread from Heaven. It is eternal life. It is a life that God truly wants for us.

Jesus' purpose for becoming incarnate, to come to us in the flesh, is to, as said earlier, point to the Father who is the creator of all. He is the source of love, he is love! God the Father knows when we are exhausted, low and in a dark place. He does not want us in such a place.

God feeds us physical food and spiritual food. His is the divine nourishment that will sustain us for the journey. He will as he did with Elijah even force us to eat his bread. God is that interested in each of us. He wants to see us with him in Heaven and Heaven is the goal.

Yes, at times this life deals us things that are very difficult to endure. Yet so many people of Blessed Sacrament parish meet the challenges with such grace. You know the strife of life. You chose to turn to God at times and at other times you

turn away in despair. At times despair is all you can feel. But as you see in those who have gone before us like Elijah God is with you. He does not give up on you! Embrace the pain now and watch for the food he sends you. Take and eat the Bread of Life.

Next Week's Readings
Rev 11:19a, 12:1-6a, 10ab; 1 Cor 15:20-27; Lk 1:39-56
Join us for Scripture Sharing Thursdays at 7:00pm in the chapel.

Stewardship
Attendance last week:
Tithes Collected: Will be updated
Online Giving: in next weeks'
Total: bulletin.
Thank you!

If you are returning from vacation and have been away PLEASE catch up with your tithes

LITURGY FOR AUGUST 8, 2021
19th Sunday Ordinary Time (B)

- **HYMN #1: ENTER THE JOURNEY (J. Vogt)**
 1. **Enter the journey. Come to the song. By God you are chosen, by name you are called to follow the vision, carry the cross. Enter the journey of faith as the family of God.**
 2. Enter the journey, the way may be long. Enter the journey, yet we are made strong. God's spirit will guide us, God's gifts will unfold. Enter the journey of hope!
 3. Enter the journey, though lost and unsure. Enter the journey, God's peace will be yours. And all who are thirsting be filled with God's grace. Enter the journey of faith!
 4. Enter the journey, though dark is the way. Enter the journey, do not be afraid, for God's great compassion will give you new sight. Enter the journey of light!
 5. Enter the journey, the old and the young. Enter the journey, the kingdom is won. By faith now united, as servants we come. Enter the journey of love!
- **PSALM 34:** Taste and see the goodness of the Lord.

- **GOSPEL ACCLAMATION: (ALLELUIA)** I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

- **HYMN #2: WE WALK BY FAITH (M. Haugen).**

1. We walk by faith, and not by sight: No gracious words we hear of him who spoke as none e'er spoke, but we believe him near.
2. We may not touch his hands and side, nor follow where he trod; yet in his promise we rejoice and cry "My Lord and God!"
3. Help then, O Lord, our unbelief, and may our faith abound; to call on you when you are near, and seek where you are found:
4. That when our life of faith is done in realms of clearer light, we may behold you as you are in full and endless sight.

- **HYMN #3: BREAD FROM HEAVEN (D.Perez)**

1. Lord, we seek you here today. On our knees we pray. When this bread becomes your flesh and this wine your blood, with joy we celebrate, this Eucharistic feast. We live!
2. Ever-present sacrifice, we remember you. In this bread that is transformed you give unending love. Amazing love, your gift to us. Come Lord!
3. **Bread from heaven giving life to all the world. Bread from heaven the living gift from God our Lord.**
4. I am the bread of life; whoever comes to me will never hunger, and who ever believes in me will never thirst and have eternal life.
5. Holy Spirit, help me see what I can not see. Like a candle in the night, come and light my path. Show me the way and in your grace keep me.
6. **Bread from heaven giving life to all the world. Bread from heaven the living gift from God our Lord. Bread from Heaven, Bread from Heaven, Bread from Heaven the living gift from God. The living gift from God.**

- **HYMN #4: STILL (R. Morgan)**

1. Hide me now under Your wings. Cover me within Your mighty hand.
2. **When the oceans rise and thunder roars, I will soar with You above the storm. Father, You are King over the flood. I will be still and know You are God.**
3. Find rest, my soul in Christ alone. Know his pow'r in quietness and trust.

- **HYMN #5: A RIGHTFUL PLACE (S. Angrisano)**

1. **Let us live our lives so that all might see that our hearts are restless till they rest in thee. Let us build**

your kingdom in truth and grace so that all might know they have a rightful place.

2. Beauty ever ancient and new, breaking through our deafness so we hear you. Shattering the darkness of night, a new dawn is rising to bring your light to all the world.
3. To gather in your presence, we came to be one in spirit, in truth and name; strengthened by the body of Christ, taking up the call now to share your light with all the world.

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MASS INTENTIONS

Saturday, August 7

- 4:00 p.m. † Mary & Louis Michel by Anthony & Rosemary
† Gary Ray Missi by Michele & Chuck

Sunday, August 8

- 9:00 a.m. † Cathy Manthey by Tom Jordan
10:45 a.m. † Fernando Armenti by Angiolino Armenti
† Kurt Brommer by Anita

Monday, August 9

- 8:00 a.m. NO MASS

Tuesday, August 10

- 8:00 a.m. † Souls in Purgatory by Richard & Margaret Schmelz

Wednesday, August 11

- 8:00 a.m. Dilvert Hatchett by Daniel Murphy

Thursday, August 12

- 8:00 a.m. Olga C. Villegas by Selma Cardona

Friday, August 13

- 8:00 a.m. † Souls in Purgatory by Richard & Margaret Schmelz

Saturday, August 14

- 4:00 p.m. Blessed Sacrament Parish

Sunday, August 15

- 9:00 a.m. Blessed Sacrament Parish
10:45 a.m. Blessed Sacrament Parish